



REFERENCE: PAMAP-WP6-D6.3

ISSUE: 1.0

Date: 31 January 2011

# PAMAP

---

## Deliverable: D6.3

### Issue 0.1

## *System Evaluation Report*

---

		Name (company)	Date
<b>Approved</b>	Task T6.3 Leader	Laetitia Fradet (UTC)	<b>31 January 2011</b>
	Hierarchical responsible	Frédéric Marin (UTC)	<b>31 January 2011</b>
<b>Verified</b>	WP6 Leader	Gabriele Bleser (DFKI)	<b>31 January 2011</b>
<b>Released</b>	Coordinator	Didier Stricker (DFKI)	<b>31 January 2011</b>

<b>Dissemination level: PU</b>
--------------------------------

<i>PU (Public); PP (Restricted to other programme participants); RE (restricted to a group specified by the consortium); CO (confidential only for members the consortium)</i>
--

<i>Document Status: final</i>
-------------------------------



**REFERENCE:** PAMAP-WP6-D6.3

**ISSUE:** 1.0

**Date:** 31 January 2011

**COVER AND CONTROL PAGE OF THE DOCUMENT**

<b>Project EU reference:</b>	AAL-2008-1-162
<b>Project acronym:</b>	PAMAP
<b>Project Title:</b>	Physical Activity Monitoring for Ageing People
<b>Work package</b>	WP6: System Integration and Trials
<b>Task</b>	T 6.4: System evaluation
<b>Deliverable number:</b>	D6.3
<b>Document title:</b>	System Evaluation Report
<b>Document type (PU, INT, RE)</b>	PU
<b>Version:</b>	1.0
<b>Date:</b>	31/01/2011
<b>Author(s):</b>	Laetitia Fradet (UTC),
<b>Contributors list:</b>	Nathalie Ville (CIT-Rennes), Lamprinos Ilias (ICOM), Attila Reiss (DFKI), Gabriele Bleser (DFKI), Oliver Machui (Trivisio)

## Table of Contents

<i>Executive Summary</i> _____	5
<b>1</b> <i>Technical evaluation of the system components</i> _____	<b>6</b>
<b>1.1</b> <b>CE-Compliance of sensors</b> _____	<b>6</b>
1.1.1 Product Safety _____	6
1.1.2 Electro Magnetic Compatibility _____	6
1.1.3 Documentation _____	9
1.1.4 Results _____	9
<b>1.2</b> <b>Accuracy of body tracking</b> _____	<b>9</b>
1.2.1 Methodology _____	9
1.2.2 Validation of the biomechanical model: Mref vs Mmodel _____	12
1.2.3 Validation of the measurement device: Mmodel vs Mimu _____	13
<b>1.3</b> <b>Performance of activity intensity estimation and activity classification</b> _____	<b>14</b>
1.3.1 Data collection _____	14
1.3.2 Data processing _____	16
1.3.3 Validation of activity intensity estimation _____	18
1.3.4 Validation of activity classification _____	19
<b>1.4</b> <b>Sensor fastening</b> _____	<b>20</b>
1.4.1 Methodology _____	20
1.4.2 Methodology _____	21
<b>2</b> <i>Evaluation of the software</i> _____	<b>22</b>
<b>3</b> <i>Conclusion</i> _____	<b>24</b>
<b>4</b> <i>ANNEX</i> _____	<b>25</b>

## Table of Figures

Figure 1: Colibri sensor inside an EMC test chamber	6
Figure 2: Colibri sensor emission diagram	7
Figure 3: Colibri sensor with conducted RF on cable	7
Figure 4: Colibri sensor in ESD test	8
Figure 5: Colibri inside the power frequency magnetic field	9
Figure 1: Markers' placement	10
Figure 2: Definition of the body axes.	11
Figure 3: Difference of Euler angle mean and range of motion (RoM) between Mref and Mmodel.	12
Figure 4: Difference of Euler angle mean and range of motion (RoM) between Mmodel and Mimu.	13
Figure 5: Placement of IMUs and the data collection unit	15
Figure 6: Placement of IMUs and the data collection unit	17
Figure 7: Confusion matrix of the intensity estimation task for the feature: standard deviation of the up-down acceleration on the chest sensor	18
Figure 8: Detailed confusion matrix of the intensity estimation task for the feature: standard deviation of the up-down acceleration on the chest sensor	19
Figure 9: Confusion matrix of the activity classification task	20
Figure 10: Sensor fastening based on bandages and on a body suit and velcros.	20
Figure 11: Acceleration and time-frequency analysis of markers placed on the thorax and on the upper-arm.	21

## Table of Tables

Table 1: Coefficient of correlation ( $r$ ) between the Euler angles Mref and Mmodel.	13
Table 2: Coefficient of correlation ( $r$ ) between the Euler angles Mmodel and Mimu.	14
Table 3: Indoor protocol of data collection	15
Table 4: Outdoor protocol of data collection	16

## EXECUTIVE SUMMARY

---

PAMAP project aims at developing a system that enables the accurate monitoring of the physical activities of aging people. This deliverable provides the reader with all activities related to the first evaluation of the system under development.

In Chapter 1, the evaluation will address the technical evaluation of the system components. More specifically, Chapter 1.1 will tackle the CE-Compliance of sensors. Chapter 1.2 will develop on the estimation of the accuracy of body tracking whereas the chapter 1.3 will develop the performance of activity classification and activity intensity estimation. Chapter 1.4 will evaluate the sensor fastening.

In Chapter 2, the evaluation will address the software parts of the PAMAP system, i.e. the infrastructure and a set of applications that facilitate out-of-hospital physical activity monitoring for prevention and rehabilitation.

This document will serve as a basis for the User Requirements Task and the corresponding deliverables that are also part of Work Package 2: PAMAP System Requirements and Design.

### 1.1 CE-Compliance of sensors

The CE compliance of the cable based inertial motion sensor "Colibri" contains three aspects: product safety, EMC (electromagnetic compatibility) and documentation. Trivisio performed several tests, some of them in special laboratories, to check these aspects.

#### 1.1.1 Product Safety

The device is using low voltage, only 5V, and the case is from aluminum and waterproof. This means that the sensor can be used without risk even in wet conditions and i.e. sweating. The sensors can be used safely, if usage is in normal conditions and if the user is paying attention to the cable not being entangled around his neck.

The device was tested in rough environments, wide temperate ranges (-10°-40°C), shocks, high pressure and under water (30m). The underwater tests have been performed in a special laboratory with a pressure chamber.

#### 1.1.2 Electro Magnetic Compatibility

These tests were conducted in a special EMC laboratory. Trivisio defined the standard to be conform to: DIN EN 61326-1 (Electrical equipment for measurement, control and laboratory use). The following tests have been performed:

##### 1) Emission

First, the emission was measured. The sensor showed nearly no radiation, all signals were below the limits (red line in diagram below).

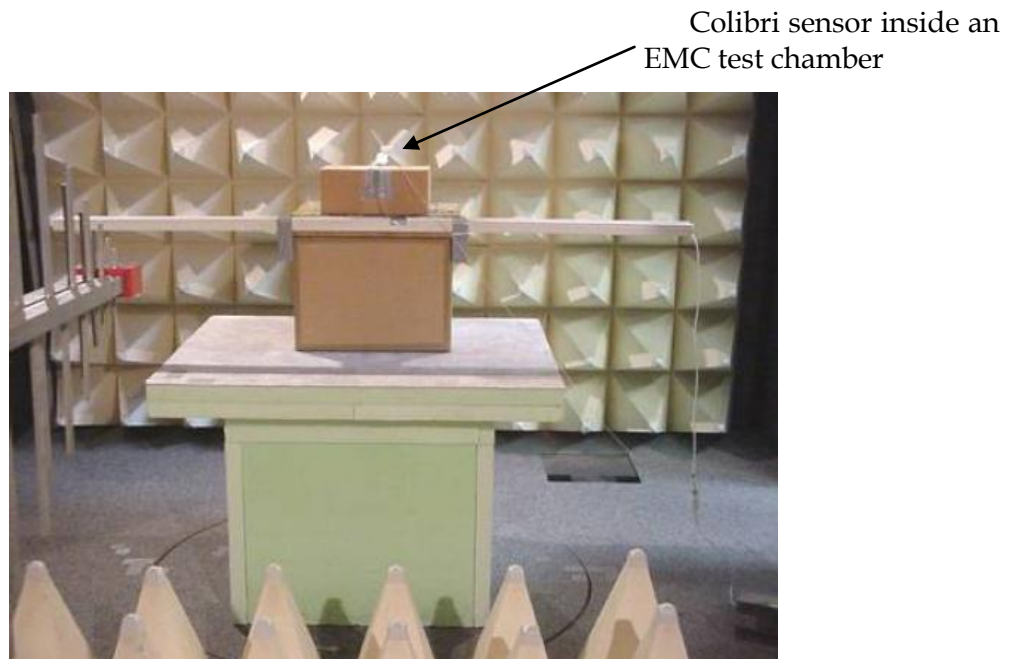
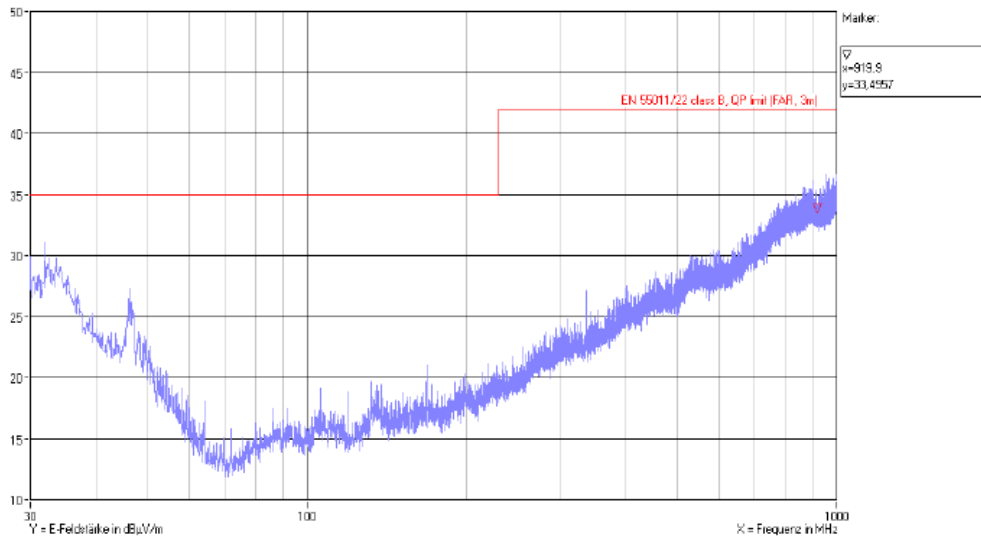


Figure 1: Colibri sensor inside an EMC test chamber



Graph 1: Radiated emissions, horizontal, front side

Figure 2: Colibri sensor emission diagram

## 2) RF Immunity

During this test conducted RF (radio frequency) in the range of 150 kHz-80MHz was tested in the cable and case. The sensor stopped working but had no damage and continued working after restart. This is in accordance with the norm.

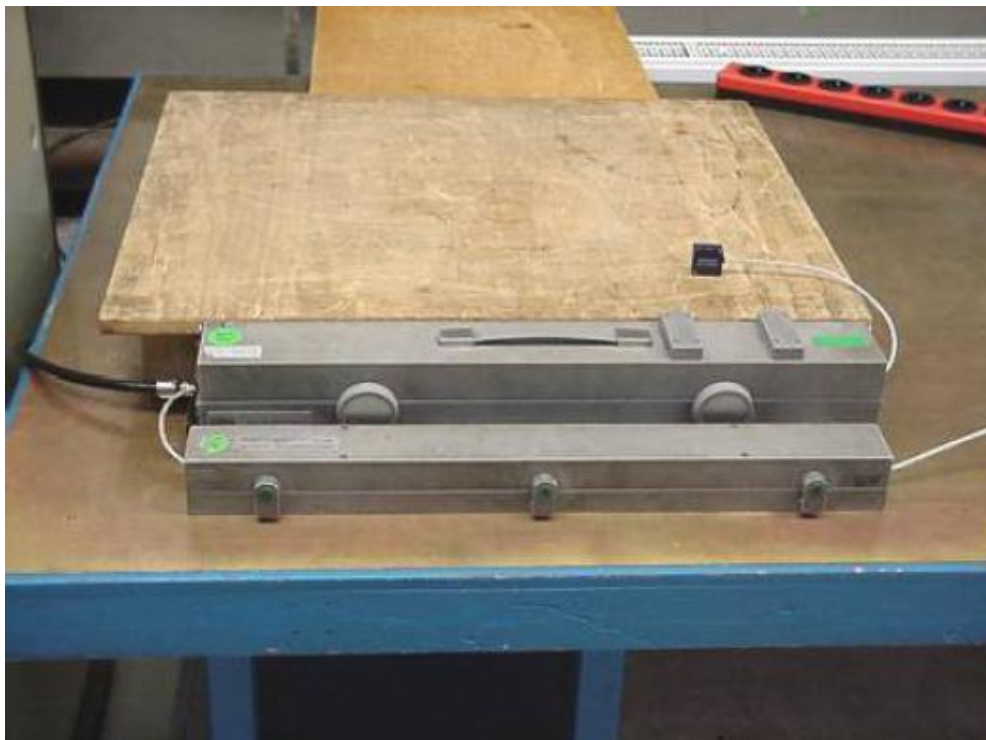


Figure 3: Colibri sensor with conducted RF on cable

### 3) Electrostatic discharge (ESD) immunity

A contact discharge of about  $\pm 4\text{kV}$  to the aluminum case of the sensor was applied with a special high voltage pistol. In a first attempt the sensor failed this test. It stopped working (but resumed after reboot). This is not acceptable according to the selected norm. After minor modifications of the shielding and better ground connection to the cable the test was passed successfully.

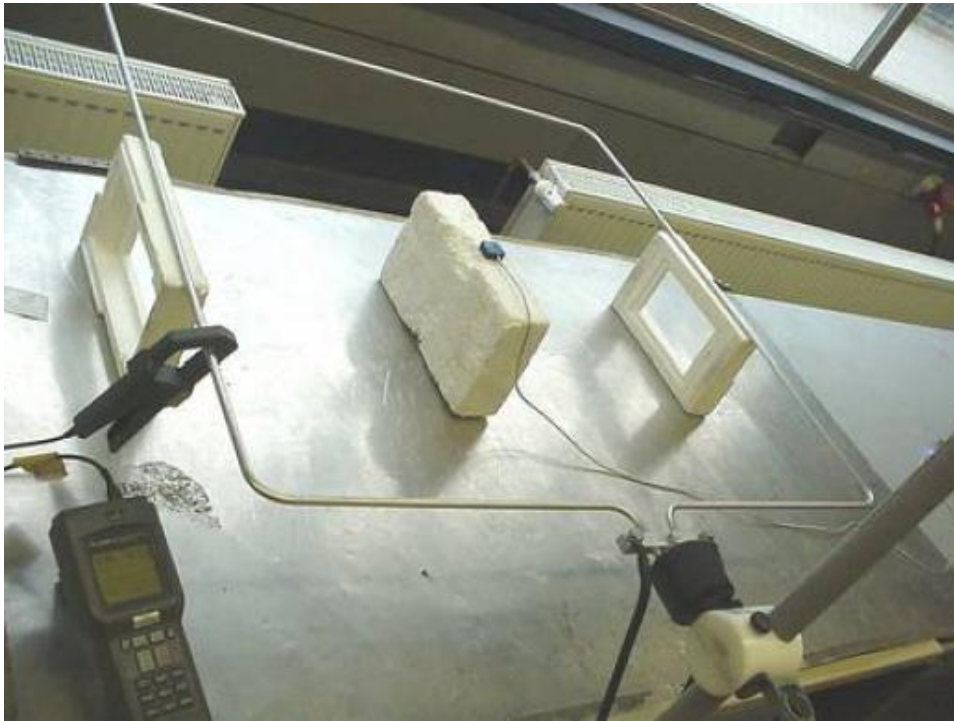


Figure 4: Colibri sensor in ESD test

### 4) Power frequency magnetic field immunity

For this test the sensor was placed in the center of a Helmholtz coil and a magnetic field was applied. The sensor also passed this test and measured the magnetic field with its integrated magnetometers in all 3 axes.





**Figure 5: Colibri inside the power frequency magnetic field**

### **1.1.3 Documentation**

This part concerns the availability of a user manual and documentation of the manufacturing details. The manual is available on Trivisio's website for download and as part of the software installation.

### **1.1.4 Results**

Trivisio successfully certified EMC tests with the Colibri sensor according to DIN EN 61326-1 norm. Newly manufactured cases can be labeled with the CE sign.

## **1.2 Accuracy of body tracking**

This part of the evaluation aims at evaluating the measurement system and the biomechanical model used. Both of them are indeed potential sources of errors in measures.

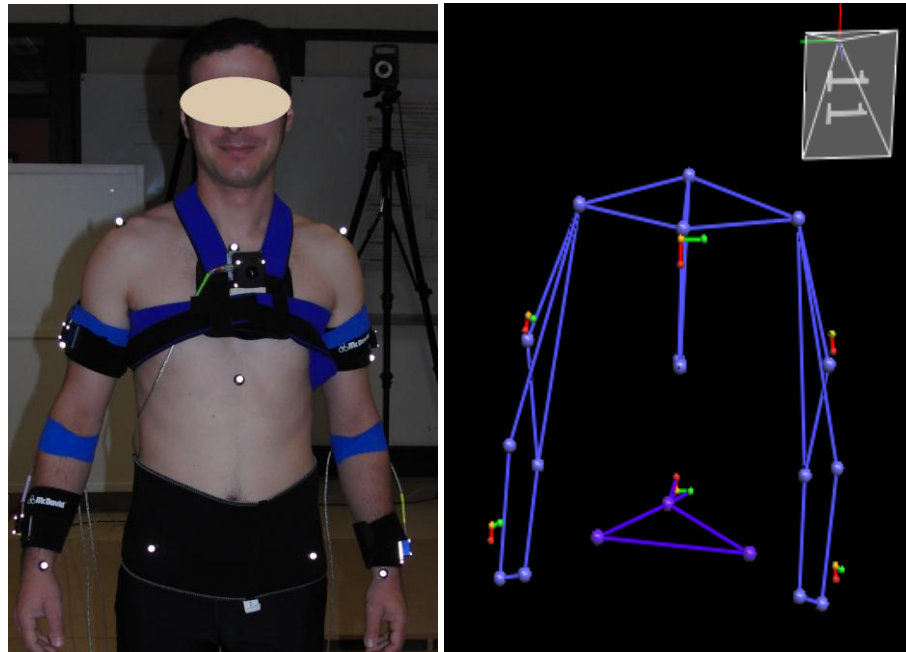
The protocol followed confronts the results obtained thanks to the PAMAP system with those obtained through validated method/system. Since the PAMAP system is devoted to body tracking and as such incorporates hypotheses on body joints, the system could not be evaluated by tracking a frame which size and movement would have been known but it was evaluated when tracking human body.

The present evaluation focused on upper-extremities since the biomechanical model proposed is original and has not been yet validated.

### **1.2.1 Methodology**

A validated optoelectronic motion capture system (Vicon, Oxford Metrics) was used in parallel with the PAMAP body tracking system. Reflective markers were placed at anatomical

landmarks following a validated upper-extremity model (Rettig et al. 2009). Reflective markers were also placed on the IMUs of the PAMAP body tracking system as depicted on Figure 1. This was done in order to enable the tracking of the position of the IMUs with the validated motion capture system.



**Figure 6: Markers' placement**

Three different subjects were measured. They first performed the required movements for the biomechanical model calibration (both for the validated model and for the model used by the PAMAP system) and then some typical rehabilitation movements such as biceps curls or pushups so that all the upper-extremity joints were used.

The Euler angles measured at each joint were then computed by three different means:

- by using the reflective markers placed on anatomical landmarks and the biomechanical model proposed by Rettig et al. (2009). This provides a measure of the body segment rotation thanks to a validated motion capture and a validated biomechanical model. These data will be later referenced as Mref.
- by using the reflective markers placed on the IMUs and the biomechanical model proposed within the current project (see deliverable D4.2). This provides a measure of the body segment rotation thanks to a validated motion capture and the biomechanical model to evaluate. These data will be later referenced as Mmodel.
- by using the IMUS data and the model proposed within the current project. This provides a measure of the body segment rotation thanks to the motion capture and the biomechanical model to evaluate. These data will be later referenced as Mimu.

The formalism proposed to express the Euler angles was the one recommended by the International Society of Biomechanics (Wu et al. 2005). The body axes were defined as depicted on Figure 2. This formalism was chosen in order to be consistent with traditional biomechanical publications but also to be able to better interpret the results in terms of anatomy.

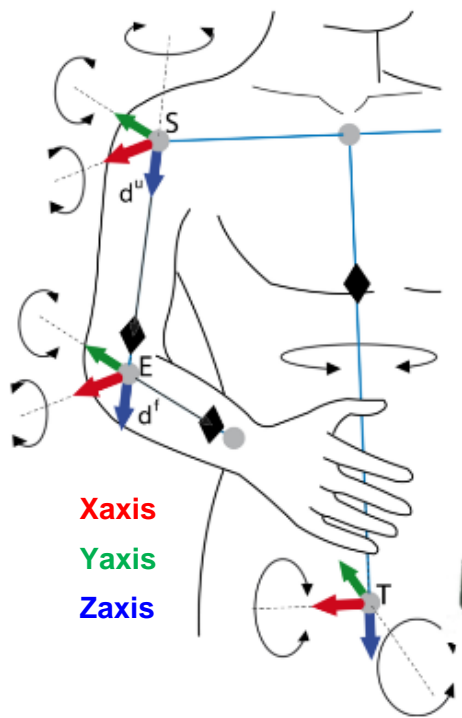
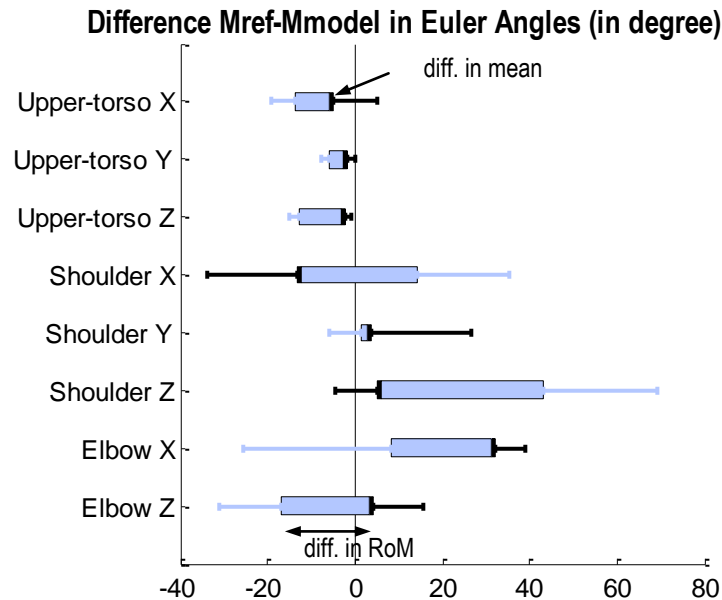


Figure 7: Definition of the body axes.

The comparison of the data between Mref and Mmodel provides an evaluation of the biomechanical model alone whereas the comparison between Mmodel and Mimmu provides an evaluation of the measurement system.

Three different parameters were computed to compare the results. The first one was the difference of the mean Euler angle obtained during the movement performed. This parameter provided an estimation of the offset existing between the data. The second parameter was the difference of the Euler angle range of motion obtained during the movement performed. It gives insight on the resolution differences between the data but also on difference on the body axes. The last parameter was the coefficient of correlation between the Euler angles obtained through the different methods, which provides an estimation of the synchronicity of the measurements.

### 1.2.2 Validation of the biomechanical model: $M_{ref}$ vs $M_{model}$



**Figure 8: Difference of Euler angle mean and range of motion (RoM) between  $M_{ref}$  and  $M_{model}$ . The black bars represent the differences in term of mean whereas the blue boxes represent the differences in term of range of motion.**

The differences between  $M_{ref}$  and  $M_{model}$  for the mean Euler angle and the range of motion obtained between the movements performed by the three subjects are presented on Figure 3 for each degree of freedom.

For the upper-torso angles, the differences in mean and in range of motion are low, which means that there is no important offset or important deviation in the measurements. The biomechanical model proposed is then satisfactory for the upper-torso.

For the X shoulder axis and the X elbow axis, differences of respectively  $13^\circ$  and  $32^\circ$  were noticed between the two measures for the mean whereas a difference of RoM from respectively  $27$  and  $23^\circ$  was noticed between the two sets of data. The offsets are probably due to calibration of the body axes during the N pose. The arms are probably not completely aligned with the vertical, which should be particularly true for the forearm due to the carrying angle existing between the longitudinal axes of the two segments. Since the axes obtained with the two biomechanical models are not aligned, the ranges of motion are also affected.

It should be checked that from one measure to the other with the same subject, these offsets remain the same in order to insure that one can compare the measure from the PAMAP system from one measurement session to the other.

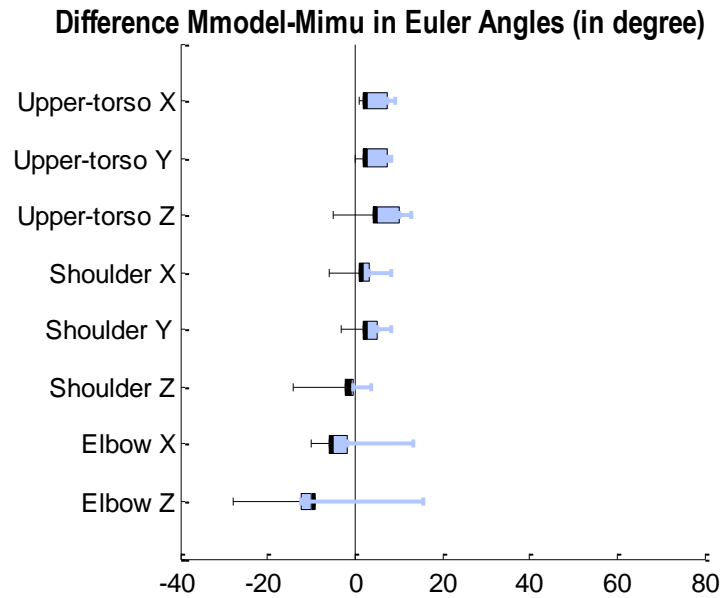
The correlation (Table 1) between the angles  $M_{model}$  and the angles  $M_{imu}$  are reasonable taking into account the previous remarks. The limited correlation between the angles obtained through the two methods for the torso y angle and the elbow z angles can be explained by the reduced rotation around these axes.

According to these results, if the differences between the two methods are repeatable for one subject, one can conclude that the biomechanical model proposed within the PAMAP system is adequate. We should then therefore confirm this repeatability of the measures obtained by the PAMAP biomechanical model by realising additional experiments.

**Table 1: Coefficient of correlation ( $r$ ) between the Euler angles Mref and Mmodel.**

$r$	Torso X	Torso Y	Torso Z	Shoulder X	Shoulder Y	Shoulder Z	Elbow X	Elbow Z
Subject 1	0.96	0.80	0.85	0.92	0.70	0.54	0.92	0.71
Subject 2	0.83	0.57	0.74	0.79	0.53	0.85	0.97	0.62
Subject 3	0.88	0.33	0.80	0.87	0.74	0.78	0.93	0.68
<b>Mean</b>	0.89	0.56	0.80	0.85	0.70	0.75	0.93	0.65
<b>SD</b>	0.07	0.23	0.06	0.06	0.09	0.15	0.04	0.12

### 1.2.3 Validation of the measurement device: Mmodel vs Mimu



**Figure 9: Difference of Euler angle mean and range of motion (RoM) between Mmodel and Mimu. The black bars represent the differences in term of mean whereas the blue boxes represent the differences in term of range of motion.**

Taking into account that the reflective markers might not have been perfectly well aligned with the real axes of the IMUs, the agreement between the angles obtained with the reference motion capture system and the PAMAP body tracking system can be considered as being really good as illustrated by Figure 4. The difference between both means was indeed always below  $10^\circ$  for the mean differences and  $5^\circ$  for the RoM.

The correlation (Table 2) confirms the good consistency between the Euler angles obtained thanks to the validated optoelectronic motion capture system and thanks to the PAMAP system. As mentioned previously, the relatively poor coefficient of correlation obtained for the torso y angle and the elbow z angles can be explained by the reduced rotation around these axes.

More data should complete this analysis. However, according to these preliminary results, we can consider the PAMAP system as providing accurate data.

**Table 2: Coefficient of correlation ( $r$ ) between the Euler angles  $M_{model}$  and  $M_{imu}$ .**

<b>r</b>	<b>Torso X</b>	<b>Torso Y</b>	<b>Torso Z</b>	<b>Shoulder X</b>	<b>Shoulder Y</b>	<b>Shoulder Z</b>	<b>Elbow X</b>	<b>Elbow Z</b>
Subject 1	0.92	0.82	0.84	0.73	0.78	0.78	0.90	0.70
Subject 2	0.91	0.77	0.89	0.88	0.74	0.85	0.96	0.62
Subject 3	0.88	0.00	0.80	0.87	0.74	0.78	0.93	0.68
<b>Mean</b>	0.90	0.53	0.84	0.84	0.78	0.77	0.92	0.67
<b>SD</b>	0.02	0.46	0.04	0.06	0.06	0.09	0.04	0.13

### 1.3 Performance of activity intensity estimation and activity classification

This part of the evaluation aims at evaluating the aerobic activity monitoring system of PAMAP. This activity monitoring system has two main goals. On the one hand, the system classifies miscellaneous activities performed during an individual's daily routine according to their intensity level – in respect of the recommendations for physical activity (Haskell et al. 2007) – as activities of light, moderate or vigorous effort. On the other hand, the system identifies the aerobic activities traditionally recommended with a high reliability. These recommended aerobic activities are walking, running, cycling and Nordic walking. In addition, the system also aims to identify the basic postures lying and sitting/standing, so that with the PAMAP system, most of an individual's daily routine can be described from the physical activity point of view.

#### 1.3.1 Data collection

For the evaluation of the above mentioned goals of the PAMAP system, a large dataset – including the basic activities, but also others e.g. vacuum cleaning or playing soccer – has been recorded. The data collection is described within this section.

To obtain inertial data, 3 Colibri inertial measurement units (IMU) from Trivisio were used. For this part of the PAMAP system, only accelerometer data was used from the IMUs. The accelerometers have a resolution of  $0.038 \text{ ms}^{-2}$  in the range of  $\pm 16g$ . From the 3 IMUs, one was attached over the dominant wrist on the lower arm, one on the chest of the test subjects, and one sensor was foot-mounted. A Sony Vaio VGN-UX390N UMPC was used as inertial data collection unit, carried by the subjects in a pocket fixed on their belt. The placement of the sensors and this data collection unit is shown in Figure 10. The IMUs were attached to the data collection unit by USB-cables, which were taped to the body so that they did not restrict normal movements of the subjects.



**Figure 10: Placement of IMUs and the data collection unit**

During data collection, a supervisor accompanied the test subjects and marked the beginning and end of each of the different activities. This time stamped labels were also stored on the data collection unit. Synchronization of the time stamped acceleration data and annotations was done offline. Eight subjects (aged  $27.88 \pm 2.17$  years, BMI  $23.68 \pm 4.13 \text{ kgm}^{-2}$ , seven males and one female) were recruited among DFKI employees. Approximately 8 h of data were collected altogether.

The protocol for the data collection is described in Table 3 and Table 4. A criterion for selecting activities was on the one hand that the basic activities (walking, running, cycling and Nordic walking) and postures (lying, sitting and standing) to be recognized should be included. On the other hand, everyday (ascending and descending stairs), household (ironing, vacuuming) and fitness (playing soccer, rope jumping) activities were also included to cover a wide range of activities. A total of 14 different activities were included in the data collection protocol. The protocol was split into an indoor and an outdoor scenario, mainly because of the limited battery time of the collection unit, but also to avoid the overloading of the test subjects.

**Table 3: Indoor protocol of data collection**

Activity	Code	Intensity level [METs]	Duration [Min]
Lie	07011	1.0	3
Sit	09040	1.8	3
Stand	09050	1.8	3
Iron	05070	2.3	3
Break			1
Vacuum	05043	3.5	3
Break			1
Ascend stairs	17130	8.0	1
Break			2
Descend stairs	17070	3.0	1
Break			1
Ascend stairs	17130	8.0	1
Descend stairs	17070	3.0	1

**Table 4: Outdoor protocol of data collection**

<b>Activity</b>	<b>Code</b>	<b>Intensity level [METs]</b>	<b>Duration [Min]</b>
Walk very slow	17151	2.0	3
Break			1
Normal walk	17190/17200	3.3-3.8	3
Break			1
Nordic walk	—	4.0-6.0	3
Break			1
Run	12020/12030	7.0-8.0	3
Break			2
Cycle	01010	4.0	3
Break			1
Run	12020/12030	7.0-8.0	2
Normal walk	17190/17200	3.3-3.8	2
Break			2
Soccer	15610	7.0	3
Break			2
Rope jump	15551/15552	8.0-10.0	2

The ground truth for the activity recognition task is provided by the labels made during data collection. The first and last 15 seconds of data from each performed activity was discarded to avoid transient data. As for the intensity estimation task, since the aim of the system is to only estimate whether a performed activity is of light, moderate or vigorous effort, no precise measurements on an individual's oxygen consumption (e.g. with a portable cardiopulmonary system) is needed. Therefore, it is sufficient to use the Compendium of Physical Activities (Ainsworth et al. 2000) to obtain reference data for the intensity estimation task. This compendium contains MET levels assigned to 605 activities, and was also used in the recommendations (Haskell et al. 2007) to provide example activities of moderate and vigorous intensities. In the data collection protocol (cf. Table 3 and Table 4), the MET values from the compendium are also included together with the 5-digit activity codes used in the compendium. These MET levels can be used to distinguish activities of light intensity (< 3.0 METs), moderate intensity (3.0-6.0 METs) or vigorous intensity (> 6.0 METs), which provides the reference data required for the intensity estimation task: lying, sitting, standing, ironing and walking very slow are regarded as activities of light effort; vacuuming, descending stairs, normal walking, Nordic walking and cycling as activities of moderate effort; and ascending stairs, running, playing soccer and rope jumping as activities of vigorous effort.

### 1.3.2 Data processing

After the above described data collection and pre-processing steps, synchronized, time stamped and labeled acceleration data from the 3 IMUs is available. From the 3D-acceleration data, standard signal features were calculated over a window of 512 samples (about 5 s of data), in both time and frequency domain. Time-domain features were mean, median, standard deviation, peak acceleration and absolute integral. For the frequency-domain features, the DC component was first removed then the power spectral density (PSD) was calculated. Frequency-domain features were peak frequency of the PSD, power ratio of the frequency bands 0-2.75 Hz and 0-5 Hz, energy of the frequency band 0-10 Hz and spectral entropy of the normalized PSD on the frequency band 0-10 Hz. The signal features extracted from the 3D-acceleration data are computed for each axis separately and then for the 3 axes together. Moreover, since



synchronized data from the 3 IMUs is available, combining sensors of different placements is possible. From the above mentioned features mean, standard deviation, absolute integral and energy calculated on 3 axes of each of the IMUs are pair wise (e.g. hand + chest sensor placement) weighted accumulated, and a weighted sum for all the 3 sensors together is also added.

For the intensity estimation task, the goal is to distinguish activities of light, moderate and vigorous effort. For the first prototype of the PAMAP system, a very simple approach was selected by using the best feature with appropriate thresholds for solving this classification problem. To identify the feature having the best performance in discriminating these intensity classes, the measure presented in [Huynh et al. 2005] was applied. The K-means algorithm with  $k = 100$  clusters was used for clustering different features. The fraction for each cluster and intensity class was then computed, and the cluster precisions for each intensity class were obtained from the fractions.

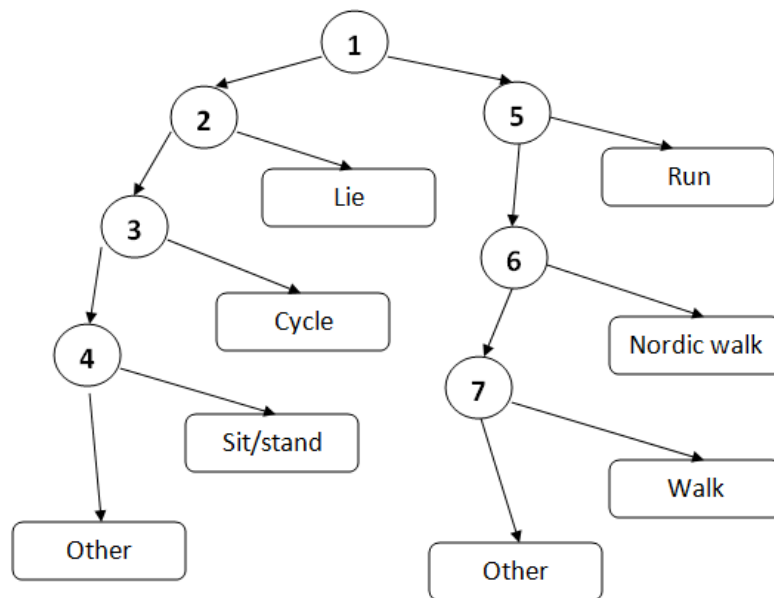


Figure 11: Placement of IMUs and the data collection unit

For the activity classification task, a custom decision tree was selected in the first prototype, the structure of the tree is depicted in Figure 11. The tree has 7 binary decision nodes and 8 leaf nodes, the latter representing the activities. The first decision node divides all activities into activities with and without footsteps, all other decisions are used to separate one activity from the remaining other activities. If the current sample is not recognized into any of the activities while passing the decision tree, it falls through to the default “other” class. The signal features used in the decision nodes are the following (the numbers in the list correspond to the numbers in the decision nodes):

1. absolute integral of the accelerations summarized for the 3 axes measured on the foot-mounted sensor
2. peak absolute value of the up-down (transversal) acceleration measured on the chest sensor
3. energy of the accelerations summarized for the 3 axes measured on the foot-mounted sensor
4. standard deviation of the up-down (transversal on initial position) acceleration measured on the lower arm sensor

5. median value of the forward-backward (horizontal) acceleration measured on the foot-mounted sensor
6. peak absolute value of the forward-backward (coronal on initial position) acceleration measured on the lower arm sensor
7. peak frequency value of the up-down acceleration measured on the foot-mounted sensor

### 1.3.3 Validation of activity intensity estimation

For the intensity estimation task, the following feature was identified as the feature having the best performance to classify samples into the intensity classes: standard deviation of the up-down (transversal) acceleration measured on the chest sensor. Figure 7 shows the confusion matrix for this feature, the overall performance is 87.54%. It is worth to note, that misclassifications only appear into “neighbour” intensity classes, thus no samples annotated as light intensity were classified into the vigorous intensity class, and vice versa.

Annotated intensity	Estimated intensity			Performance [%]
	1	2	3	
1	10414	1838	0	85.00
2	319	10924	44	96.78
3	0	1512	4751	75.86

**Figure 12: Confusion matrix of the intensity estimation task for the feature: standard deviation of the up-down acceleration on the chest sensor**

More information can be obtained from Figure 8, which shows how samples of different activities were classified into the intensity classes. For instance it shows that the selected feature performed very well on estimating the intensity of samples belonging to postures (lying, sitting and standing). Good to very good results were achieved on samples of household activities (ironing and vacuuming), and of sport activities (running, cycling, playing soccer and rope jumping). In contrast, performance was poor on samples of the activities walking very slow and ascending stairs. The reason is that the characteristic of these activities overlap with normal walking from the selected feature's point of view. Moreover, due to the similarity of the movement, it is reasonable to expect that the samples of ascending stairs cannot be distinguished from walking related activities of moderate effort with only features derived from acceleration data, which implies the need for features extracted from physiological measurements, e.g. heart rate data.

Annotated activity	Estimated intensity			Performance [%]
	1	2	3	
Lie	2329	33	0	98.60
Sit	2259	0	0	100.00
Stand	2429	110	0	95.67
Iron	3093	128	0	96.03
Vacuum	196	2393	0	92.43
Ascend stairs	0	1319	12	0.90
Descend stairs	0	865	25	97.19
Walk very slow	304	1567	0	16.25
Normal walk	0	3462	19	99.45
Nordic walk	0	2055	0	100.00
Run	0	0	2913	100.00
Cycle	123	2149	0	94.59
Soccer	0	178	1078	85.83
Rope jump	0	15	748	98.03

**Figure 13: Detailed confusion matrix of the intensity estimation task for the feature: standard deviation of the up-down acceleration on the chest sensor**

Two other features, extracted from acceleration data, performed – for both the overall performance as for the detailed results on the different activities – similarly, as the above presented feature: the peak absolute value summarized for the 3 axes measured on the chest sensor, and the weighted sum of the standard deviation for all the 3 sensors together. The latter underlines, that if synchronized data from different sensor placements is available, it is worth to extract and investigate features calculated from multiple sensors for the intensity estimation task.

It is planned to incorporate features extracted from heart rate data in addition to the features extracted from acceleration data used in the results presented above. It is expected, that by combining acceleration and heart rate related features, the performance of the system on the intensity estimation task can be improved.

#### **1.3.4 Validation of activity classification**

For the activity classification task, the goal was to recognize basic aerobic activities and postures from a larger set of activities, and classify all other activities into the default “other” class. The results of the classification are shown in the confusion matrix of Figure 9, the overall performance is 86.80%. The results demonstrate, that the classifier works very good-good on the basic recommended activities (like normal walking or cycling), and also performs well on other activities (like ironing or rope jumping). Most of the misclassifications can be explained from the data collection and the characteristic of certain activities, e.g. the overlapping of the characteristic of ironing with standing, or the similarity between running with the ball during playing soccer and just running.

Annotated activity	Estimated activity							Performance [%]
	Lie	Sit/Stand	Normal walk	Nordic walk	Run	Cycle	Other	
Lie	2341	12	0	0	0	4	0	99.32
Sit	0	2035	0	0	0	0	155	92.92
Stand	0	1754	0	0	0	11	729	70.33
Normal walk	0	0	2916	0	0	0	32	98.91
Nordic walk	0	0	242	983	5	0	419	59.61
Run	0	0	0	37	2275	0	23	97.43
Cycle	0	0	0	0	0	1351	513	72.48
Iron	0	350	0	0	0	0	2956	89.41
Vacuum	3	0	0	0	0	150	2150	93.36
Ascend stairs	0	0	18	0	0	59	1300	94.41
Descend stairs	0	0	23	0	0	66	807	90.07
Soccer	0	0	78	145	227	0	801	64.03
Rope jump	0	0	40	39	4	11	660	87.53

Figure 14: Confusion matrix of the activity classification task

## 1.4 Sensor fastening

Two different ways of fastening the sensors have been proposed (deliverable D4.2). These two systems are illustrated on Figure 10. The first one that includes bandages is quite similar to that used by different companies. Therefore, their advantages and drawbacks are already known. The second method includes a “second-skin” suit and Velcro fasteners. This method had to be tested in order to check whether the relative high inertia of the sensors provoked oscillation of the sensors that might disturb the measures.



Figure 15: Sensor fastening based on bandages (on the left) and on a body suit and velcros (on the right).

### 1.4.1 Methodology

The last prototype of the IMUs was not available to perform these tests. Therefore, alternative sensors having the same inertia and size as the real sensors were created.

The real sensors have a dimension of 56\*42\*19mm for a weight of 48g, which makes a density of 1.0741g/cm<sup>3</sup>. PVC that has a density of 1.190 g/cm<sup>3</sup> was then chosen to create these alternative sensors.

An optoelectronic motion capture system (Vicon, Oxford Metrics) was used to measure the trajectories of reflective markers placed on the IMUs but also of reflective markers placed at immediate proximity of the IMUs directly on the suit worn by a subject.

The subject performed different movements that imply high accelerations such as jumping and moving his arms fast.

The reflective markers weighting less than 3g, the comparison of the acceleration of the markers placed on the IMUS and on those placed on the body suit enables the estimation of the effect of sensor inertia on the measurements.

To perform the evaluation of IMU inertia effects on measures, the acceleration of sensors and its time-domain frequency analysis of the markers were compared.

### 1.4.2 Validation

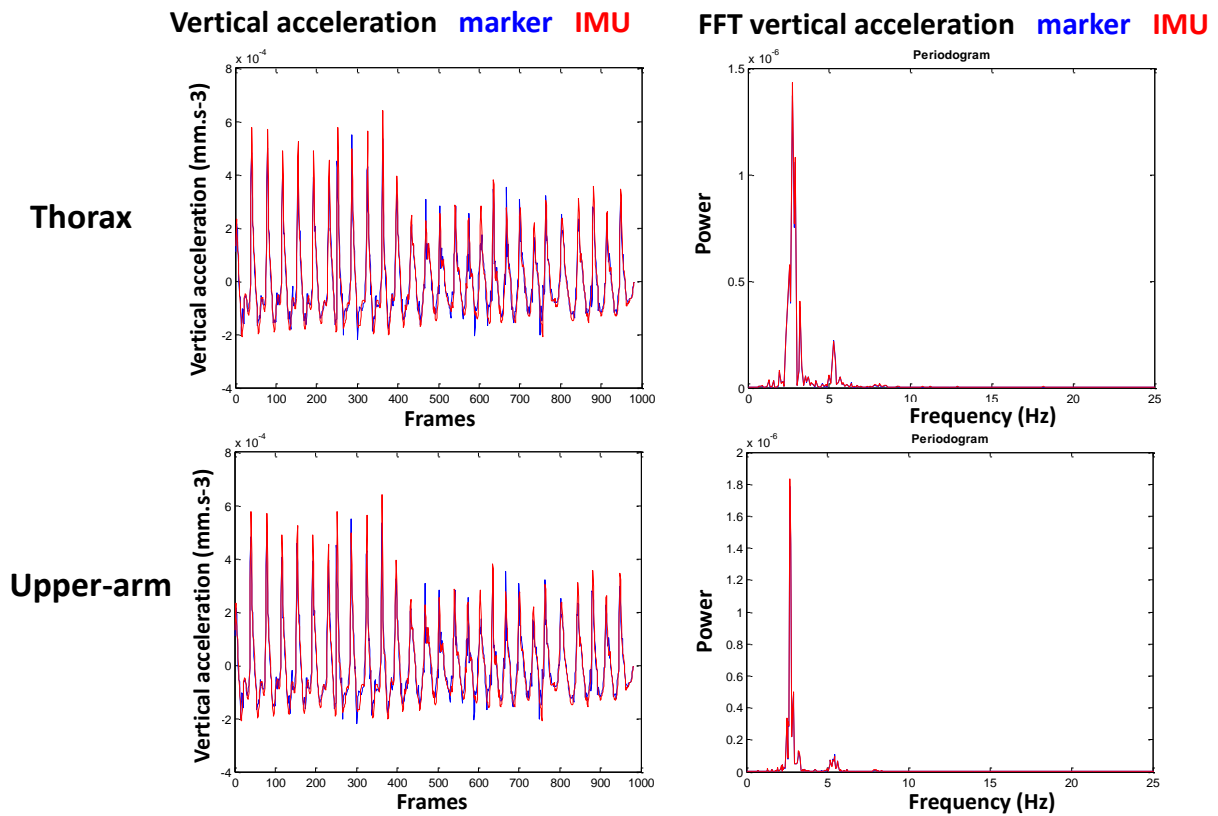


Figure 16: Acceleration (on the left) and time-frequency analysis (on the right) of markers placed on the thorax (on the top) and on the upper-arm (on the bottom).

During the movements, no notable differences were noticed between the acceleration of the markers placed on the IMUs and those placed directly on the body suit. This was true whatever the movement performed and the markers position. Figure 11 illustrates this for the markers placed on the thorax and on the upper-arm. As it can be seen, no difference in term of amplitude or frequency was measured between the acceleration of the markers placed whether directly on the body suit, whether on the IMUs.

Therefore, it can be conclude that the use of a bodysuit combined with Velcro-fastener is suitable for an accurate body tracking with the PAMAP system.

Besides the information acquisition system (the hardware platform and associated information extraction technology) that has been evaluated in the previous sections, another major component of the PAMAP system is the information management system, consisting of the infrastructure and a set of applications that facilitate out-of-hospital physical activity monitoring for both prevention and rehabilitation. This is described in D5.2 (First PAMAP System Software). A part of the information management system consists in an Electronic Health Record, which takes the form of a web application for collecting and managing a comprehensive summary of the medical record of the monitored subjects, a rehabilitation plan management module and a health status surveys module. This first software test was done in the period between October and December 2010 and included regular contacts between ICOM and CIT-INSERM. The rationale of this testing was twofold: first, to identify dysfunctions of the first software prototype; and second, to identify possible functional enhancements of this prototype. Some clinical case data have been recorded using the EHR for that purpose. These data included anthropometric values, familial and personal history, diagnostics, therapies, and results of functional tests. This first approach allowed detecting some minor dysfunctions and several issues.

Among the issues that were discussed between ICOM and CIT-INSERIM and taken into consideration by the former partner towards the release of a new version where the following:

- A request by CIT-INSERIM to modify the EHR interface so as to better fit to the physicians' available time for editing a new patient record was expressed
- In the Diagnosis Management tab of the intLIFE EHR it was requested to add a new set of diagnosis lists to pick up from, based on a specialty categorization (this is provided as Annex).
- The information included in the Care Plan tab of the intLIFE EHR has undergone a major restructure. Reports and Today Schedule sub-tabs have been added. The former provides to the clinician an overview of the answers that have been provided by the patient in questionnaires or manually inserted vital signs measurements, while the latter provides to the patient the possibility to review via the web interface -instead of the i-TV interface- the activities that are scheduled for the current day.
- The Body Mass Index sub-tab has been removed from the Visits tab and added to the Health Profile tab.
- The tests list under the Tests tab have been enhanced with several Functional Capacity and Activity Monitoring Tests. After a literature review of the modalities of mental and physical assessment in aging people and cardiac patients, a big quantity of tests and scales required for patients' functional and mental assessment have been identified. Patients' assessments validated methods are indeed very numerous and their choice partly depends on what the physician wishes to improve using the rehabilitation program. The tests, questionnaires and scales mostly used were selected and made available in the software.
- For the Six Minutes Walking Tests an automatic calculation of the normal values for the covered distance was added in order for the clinicians to compare it to the actual distance covered by the subject. The software implements 2 equations (Troosters et al., 1999, and Enright and Sherill, 1998).
  - Troosters et al., 1999 :  $\text{Distance} = 218 + (5.14 \times \text{height}) - (5.32 \times \text{age}) - (1.80 \times \text{weight}) + (51.51 \times \text{sex})$ , with distance in meters, height in centimeters, age in years, weight in kilograms, sex 1 for men and 0 for women.

- Enright and Sherill, 1998 : For men : Distance =  $(7.57 \times \text{height}) - (5.02 \times \text{age}) - (1.76 \times \text{weight}) - 309$ , For women : distance =  $(2.11 \times \text{height}) - (5.78 \times \text{age}) - (2.29 \times \text{weight}) + 667$ , with distance in meters, height in centimeters, age in years and weight in kilograms.

As a conclusion, it can be said that after the first assay that the EHR seems easy to use; it can be very accurate related to the quantity and accuracy of data that can be recorded. However, it is so complete that more time is necessary to better assess it through all its tabs and dropdown menus. This will be done regularly all along the PAMAP project duration until the clinical assay.

### 3 CONCLUSION

---

The technical evaluation of the system components shows that this first version of the hardware platform and associated information extraction technology are suitable to enable physical activity monitoring. The information management system evaluation is also suitable since it has been evaluated as being satisfactory by the end-user.

This first evaluation mainly consisted in a functional evaluation on a component level to ensure the functionality of the individual system components. The system will be evaluated altogether within the second evaluation phase, which will be earlier than originally planned in order to have some time for final improvements before the end of the project.



**Specialities<sup>1</sup>**

Cardiology  
Dermatology  
Endocrinology  
Hematology  
Hepato-Gastroenterology  
Immunology  
Infectious diseases  
Neurology  
Ophtalmology  
Orthopedics  
Pulmonology  
Rheumatology  
Urology-Nephrology

**Main Diagnostics per Speciality**  
***CARDIOLOGY***

Abdominal aortic aneurysm  
Acute lower limb ischemia  
Acute pericarditis  
Aortic Dissection  
Aortic insufficiency  
Aortic stenosis  
Arrhythmia  
Atrioventricular block  
Bruit, vascular murmur  
Cardiogenic shock  
Chest pain  
Congenital cardiopathy  
Coronary disease  
Coronary heart disease (CHD)  
Cyanosis  
Deep vein thrombosis of lower limbs  
Dilated cardiomyopathy  
Dyspnea  
Edema  
Essential hypertension  
Genetic heart disease  
Heart murmur  
Hypertrophic cardiomyopathy (HCM)  
Implantable defibrillator  
Infective endocarditis  
Ischemic cardiomyopathy  
Left ventricular failure  
Lower limb arterial occlusive disease  
Malignant hypertension / hypertensive emergencies  
Mitral regurgitation

---

<sup>1</sup> (<http://www.medinfos.com/principales/urologie.shtml>)

Mitral stenosis  
Muscle fatigue  
Myocardial infarction  
Pacemaker  
Palpitations  
Pulmonary embolism  
Right heart failure  
Secondary hypertension  
Tamponade and constrictive pericarditis  
Unconsciousness  
Valve prostheses  
Vascular murmur, bruit

### *ENDOCRINOLOGY*

Acromegaly  
Acute metabolic complications of diabetes  
Adrenal insufficiency or Addison's disease  
Diabetes mellitus  
Dyslipidemia  
Goiter or thyroid nodule  
Hypercortisolism  
Hyperprolactinemia  
Hyperthyroidism  
Hypoglycemia  
Hypopituitarism  
Hypothyroidism  
Non-insulin dependent diabetes  
Pheochromocytoma  
Polyuropolydipsic syndrome  
Primary hyperparathyroidism  
Thyroid cancer  
Thyroiditis

### *HEMATOLOGY*

Acute lymphoblastic leukemia  
Acute myeloid leukemia  
Adenopathy  
Anemia: pathophysiology, classification, diagnosis and treatment  
Autoimmune hemolytic anemia  
Bone marrow failure  
Chronic lymphocytic leukemia  
Chronic myeloid leukemia  
Defibrination syndrome  
Disseminated intravascular coagulation (DIC) and fibrinolysis  
Haemorrhagic syndrome  
Hemophilia and von Willebrand disease  
Hodgkin's disease  
Idiopathic thrombocytopenic purpura  
Inflammatory anemia  
Iron deficiency anemia  
Macrocytic anemia  
Malignant non-Hodgkin lymphoma  
Mononucleosis

Multiple myeloma or Kahler's disease  
Myelofibrosis  
Plasma cell dyscrasia  
Polycythemia vera or Vasquez disease  
Purpura  
Refractory anemia  
Sickle Cell Disease  
Splenomegaly  
Thalassemias  
Thrombocytopenia  
Waldenström's disease or Waldenström macroglobulinemia

### *HEPATO-GASTROENTEROLOGY*

Acute diarrhea  
Acute pancreatitis  
Alcoholic cirrhosis  
Ascites  
Cholelithiasis  
Chronic diarrhea  
Chronic pancreatitis  
Colorectal cancer  
Complications of gallstones  
Constipation  
Crohn's disease  
Endocrine pancreatic tumors  
Epigastric pain  
Esophageal cancer  
Gastrointestinal bleeding  
Helicobacter pylori and peptic ulcer disease  
Hemochromatosis  
Hepatomegaly  
Hepatopathy and non-alcoholic cirrhosis  
Hiatal hernia and gastroesophageal reflux  
Hypergastrinemia  
Inflammatory bowel disease  
Jaundice with conjugated bilirubin  
Malabsorption syndromes  
Non-cirrhotic alcoholic hepatopathy  
Pancreatic cancer  
Pathology of stomach surgery  
Peptic ulcer (PU) or gastroduodenal ulcer  
Portal hypertension  
Primary liver cancer  
Stomach cancer  
Ulcerative colitis  
Viral Hepatitis

### *IMMUNOLOGY*

Amyloidosis  
Gougerot-Sjögren syndrome  
Lupus erythematosus  
Polyarteritis nodosa  
Polymyositis and dermatomyositis

Raynaud's phenomenon and scleroderma  
Vasculitis

### *INFECTIOUS DISEASES*

AIDS and HIV infection  
Arboviruses  
Aseptic meningitis  
Brucellosis  
Eosinophilia  
Erythema nodosum  
Fever after returning from a tropical country  
Flu  
Gram negative infection and septic shock  
Hepatic amoebiasis  
Hepatic echinococcosis  
Influenza A (H1N1)  
Influenza A (H5N1) or H5N1 avian influenza  
Intestinal amebiasis  
Leprosy  
Leptospirosis  
Malaria  
Pneumococcal disease  
Prolonged fever  
Purulent meningitis  
Rickettsial infection  
Schistosomiasis  
Sepsis syndrome  
Staphylococcal infections or staph infections  
Streptococcal infections  
Syphilis  
Trypanosomiasis  
Typhoid or typhoid fever  
Visceral leishmaniasis or Kala-Azar

### *NEUROLOGY*

Amyotrophic Lateral Sclerosis  
Cauda equina syndrome (CES)  
Cerebellar syndrome  
Coma  
Dizziness  
Epilepsy  
Hemiplegia  
Intracerebral hematoma  
Intracranial hypertension  
Multiple Sclerosis  
Myasthenia  
Non-traumatic subarachnoid hemorrhage  
Parkinsonian syndromes  
Polyneuritis and mononeuropathies  
Polyradiculoneuritis and Guillain-Barre  
Spinal cord compression  
Stroke  
Syringomyelia

Transient ischemic attacks  
Trouble walking and balance disorder

### ***PULMONOLOGY***

Asthma  
Severe acute asthma  
Obstructive syndrome  
Restrictive syndrome  
Chronic Obstructive Pulmonary Disease  
Sleep apnea-hypopnea syndrome (SAHS)  
Broncho-pulmonary primary  
Bronchiectasis  
Dyspnea  
Effusion of the pleura  
Hemoptysis  
Chronic obstructive respiratory insufficiency  
Sarcoidosis  
Purulent pleurisy or empyema  
Lung abscesses  
Acute infectious pneumonia  
Mediastinal compression syndrome  
Pneumothorax  
Pulmonary tuberculosis and primary tuberculous infection

### ***RHEUMATOLOGY***

Algodystrophies  
Ankylosing spondylitis  
Bacterial discitis  
Chondrocalcinosis  
Coxarthrosis  
Fatigue  
Fiessinger-Leroy-Reiter Syndrome (oculo-urethral-synovial syndrome)  
Gout and hyperuricemia  
Hypercalcemia  
Juvenile chronic arthritis (JCA)  
Lumbago and sciatica  
Osteoporosis and osteomalacia  
Paget's Disease  
Polymyalgia rheumatica (or rhizomelic pseudopolyarthritis) and Horton disease (or temporal arteritis)  
Post-streptococcal arthritis  
Psoriatic arthritis  
Rheumatoid arthritis  
Rheumatoid arthritis (acute and chronic)  
Spondyloarthropathies and reactive arthritis  
Stress fractures

### ***ORTHOPEDICS***

Fractures  
Highway accident  
Joint pain  
Ligament injuries  
Tendon injuries

## ***UROLOGY-NEPHROLOGY***

Acute nephritic syndrome  
Acute renal failure  
Chronic renal failure  
Dehydration  
Disorders of acid-base balance  
Hematuria  
Henoch-Schoenlein purpura (HSP) or rheumatoid purpura  
Hyperhydration  
Hyperkalemia and hypokalemia  
Hyponatremia and hypernatremia  
Nephrolithiasis  
Nephrotic syndrome  
Polycystic kidney  
Proteinuria  
Urogenital tuberculosis

## ***DERMATOLOGY***

Acanthosis nigricans  
Achromie  
Acné  
Acné rosacée ou rosacée  
Alopécie  
Amyloïdose  
Angiodermite  
Angiome stellaire  
Anthrax staphylococcique  
Aphthose  
Atrophie  
Balanite  
Behçet (maladie de)  
Bowen (maladie de)  
Candidose  
Carcinome basocellulaire  
Carcinome spinocellulaire  
Chancre mou  
Couperose  
Darier (maladie de)  
Degos (maladie de)  
Dermatite actinique chronique  
Dermatite atopique  
Dermatite herpétiforme  
Dermatophytose  
Dermite péri-orale  
Dermite séborrhéique  
Dermographisme  
Dyshidrose  
Eczéma  
Épidermolyse bulleuse  
Érythème noueux  
Érythème pigmenté fixe  
Érythème polymorphe

Erythrasma  
Érythrodermie  
Escarre  
Fiessinger-Leroy-Reiter (syndrome de)  
Folliculite  
Furoncle  
Gale  
Gangrène  
Granulome annulaire  
Herpès  
Ichtyose  
Impétigo  
Intertrigo  
Kératose actinique  
Kératose pilaire  
Leishmaniose  
Lèpre  
Leucokératose  
Lichen plan  
Lichen scléro-atrophique  
Livedo  
Lupus érythémateux  
Mal perforant plantaire  
Maladie professionnelle  
Mastocytose  
Mélanome  
Miliaire  
Molluscum contagiosum  
Mucinose  
Myases  
Nécrobiose lipoïdique  
Œdème de Quincke  
Panniculite  
Papillonite  
Parakératose achromiante  
Parapsoriasis en gouttes  
Pédiculose  
Pelade  
Pemphigoïde bulleuse  
Pemphigus  
Péri-onyxie  
Perlèche  
Photodermatose  
Pityriasis rosé de Gibert  
Pityriasis versicolor  
Poïkilodermie  
Porphyries  
Prurigo  
Psoriasis  
Purpura  
Rosacée ou acnée rosacée  
Sarcoïdose  
Scarlatine

Sycosis  
Syndrome bouche-main-pied  
Syndrome de Lyell  
Syndrome de Stevens-Johnson  
Syphilis  
Teigne  
Toxidermie bulleuse  
Trombidiose  
Tuberculose  
Tungose  
Urticaire  
Varicelle  
Vascularite nécrosante  
Verrue  
Vitiligo  
Vulvo-vaginite  
Xanthome  
Xeroderma pigmentosum  
Zona

### *OPHTHALMOLOGY*

Anomalies pupillaires  
Cataracte  
Choroïdite ou uvéite postérieure  
Conjonctivites infectieuses  
Conjonctivites non infectieuses  
Corps flottants ou myodésopsies  
Détachement de rétine  
Dégénérescence maculaire  
Distrophies et dégénérescences cornéennes  
Dystrophies rétinienne  
Episclérite et sclérite  
Glaucome  
Inflammation cornéenne  
Iridocyclite  
Nystagmus  
Occlusion veineuse rétinienne  
Œdème papillaires et atrophie optique  
Pathologie orbitaires  
Paupières : anomalies de position  
Paupières : blépharites, dermatites et tuméfactions  
Rétinopathie diabétique  
Rétinopathie pigmentaire ou iritis  
Sécrétion lacrymale et drainage  
Strabisme  
Traumatisme du globe oculaire  
Traumatisme : paupières, orbite, crâne  
Tumeurs intraoculaires  
Uvéite antérieure