

# The V2me research project



- virtual coach reaches out to me

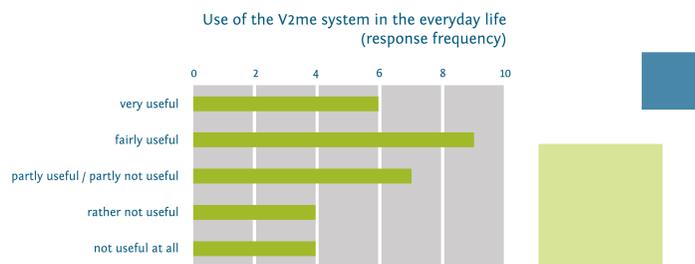
## 01 Project

The Virtual Coach Reaches Out „To me“ (V2me) research project is co-financed by the Ambient Assisted Living (AAL) Joint Programme Call AAL-2009-2 through the EU and the national funding organisations of the associated countries.

## Motivation 02



Ageing alone: no reason to feel lonely. Physical impairments may make it difficult establishing and keeping in contact with other people. But today we do have more options than in the past - thanks to the Internet. We don't need to leave our homes to be able to keep in contact with people all over the world.



New technologies can be useful to plan and organise everyday life and activities (average rating - do not agree = 1, agree strongly = 5)



## 03 Goal

The V2me project promotes an active ageing by providing social network services and activities through the Internet. The real life of elderly people will be combined with virtual social network elements to promote their joy of life and social participation.



for more information:  
[www.v2me.org](http://www.v2me.org)

### The consortium

9 partners from different European countries (Netherlands, Finland, Luxembourg, Austria, Norway and Germany) as well as various organizations (Research Institutes, Industry and Service Providers) work together hand in hand in the V2me consortium.

