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journeys

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Abstract This deliverable shows the SafeMove dissemination material

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## Content

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## 1 Executive summary

#### Aim of the deliverable

This deliverable contains the SafeMove dissemination material.

#### Brief description of the sections of the document

Project logo, project brochure and project presentation are contained in this document.

## **Mayor achievements**

Initial dissemination material has been established

#### Summary of the conclusions obtained

Not applicable

## 2 Project Logo

Below a copy of the project logo is shown.



## 3 Initial project brochure / flyer

Please find the project brochure/flyer below:





There are several reasons why elderly people become reluctant to travel or even to take a walk e.g. physical impairment, orientation problems, or feeling of insecurity. The lack of movement and motivation leads to social isolation and the need for caring.

By 2020, 25% of the EU population will be older than 65 years. The European working-age population will shrink. This demographic shift will increase the cost of the health systems as more people need some kind of care.

The SafeMove Project vision is to enable the elderly to stay longer at their own homes, go out and to join social activities by becoming well-trained through the use of modern IT devices. SafeMove will seek to give them a longer new joy of life and enable new social contacts.

SafeMove aims to encourage self-confidence in their own abilities by providing home-based physical and cognitive training as well as location-based aids during outdoor life activities.

IT training devices will be developed to enhance the fitness of the elderly in an interactive and pleasurable way. From the new training methods, persons with light dementia are supported to find their way outside their home, in public traffic or at social events. They will get help to remember daily life tasks like dressing themselves according to the weather conditions or to take the keys with them when leaving the house.

Caregivers will have the opportunity to detect the health condition of their clients remotely and could support them in keeping them healthy and mobile. All the innovative services developed by SafeMove will aim at supporting elderly people during their daily life while encouraging their mobility both indoor and outdoor.

This will be implemented by user friendly interactive systems which focus on the needs of elderly people with or without slight impairments.

This ambittous result will be achieved by a collaborative interdisciplinary group of experts from the consortium which includes physicians, scientists and care providers. In addition different types of users such as the elderly, family members, nurses, and other medical staff will contribute to ensure the system compliance with user needs.



www.safumove-project.ou

## 4 Project Presentation

The Project presentation is shown below. It will be updated during the course of the project.





# SafeMove aims

- •Situation: Elderly people often avoid leaving their home because they feel insecure outdoor.
- •Reasons: orientation problems, physical impairment, missing confidence in own capability etc..
- •Result: The lack of motion results in health problems and social isolation.
- •SAFEMOVE aims at encouraging self-confidence in own abilities providing home-based physical and cognitive training as well as relevant information and location-based aids during outdoor life activities.

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# SafeMove achievement of the objectives on different interoperable levels

- **\*Home-based physical** and **cognitive training** through an advanced approach based on both **innovative gaming platforms** (e.g. Wii and Kinect) as well as on specifically developed **serious games**.
- \*Specifically conceived, usable and personalized **orientation/navigation support**, to address the decreasing ability of elderly people to orientate in the surrounding environment as well as the fear of getting lost.
- •Improved **social inclusion** and accessibility through Web 2.0 technologies and tools

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## SafeMove conclusion

- Increasing mobility, as well as enhanced healthiness and reduced social isolation, will be achieved through services made available by SafeMove.
- A proper home-based physical/cognitive training support is included aimed at both enhancing the user's capability of successfully handling new situations/tasks and enriching everyday's life through an increased and conscious selfconfidence by SafeMove.

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## **Project Partners**

- Megatel GmbH
- Neusta Mobile Solution Group
- InfoConsult GmbH
- Volkshilfe Oberösterreich
- Universität Bern
- Research House UK
- Netural GmbH
- Methodica





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# Thank you for your attention.

Are there any questions?

Address of Speaker

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